



48 Great Oak Drive
Short Hills, NJ 07078

**TOURNAMENT
TOUGH
TENNIS**

**TOURNAMENT
TOUGH
TENNIS**
at **THE HILTON AT SHORT HILLS**



2024 SUMMER Tennis Program



tournamenttoughennis.com





Tournament Tough Tennis is proud to present the 2024 Summer Tennis Program at The Hilton of Short Hills.

We are excited at the opportunity to instruct and train students ranging from Quick Start tennis ages 5-12 to our High Performance students ages 9-17. Training to better their games technically, physically and mentally.

The program located at the Hilton of Short Hills, consists of instruction in all areas of the tennis game and is designed to improve stroke production, footwork and conditioning as well as strategic and tactical training.

For the starting players we offer the USTA Quick Start Program designed to introduce children into the game ages ten and under, utilizing shorter court dimensions and equipment designed for success. Children will have fun as well as learning. Games and music also will be implemented.

For accomplished High School, ranked tournament players and college players, program will utilize intense training, stroke specific drilling, strategic classes geared to winning tennis, conditioning and supervised match play in both singles and doubles.

We feel confident about our program and our certified-fully insured staff, to ensure a fun, informative experience!

See you on the court,

RICHARD & PEGGY SCHICK
Director, TTT, LLC
USPTR, USTA, UTR Director
USPTA, CPR Certified, Play Safe Certified



41 J.F.K. Parkway • Short Hills, NJ 07078
(973) 420-1000

Welcoming Boys and Girls 5-17

Quick Start Program (ages 5-12) ■ 9:00am – 12 noon
Beginner, Intermediate Level, ROGY
Weekly M-F: \$350 ■ Daily \$80

Full Day Program - all levels, (ages 8-17) ■ 9:00am – 3:00pm
Weekly M-F: \$650 ■ Daily \$150

Students may bring their own lunch or bring \$10 and lunch will be ordered from Chatham Sandwich Shop

Daily Schedule

9:00am	Drop off, morning session, full day session, QSP starts Attendance, stretching
9:15am	Warm up, QS drilling, HP drilling Timely breaks will be given for rest and hydration
Noon	QSP ends, parent pickup, Lunch break, Fun games
1:00pm	Afternoon session begins, Dynamic stretch, Intense drilling, Strategy and Tactics, Supervised play
2:30pm	Conditioning and warm down
3:00pm	Pick up, Private lessons begin

NOTE: In case of inclement weather, make ups will be permitted.

To reserve your spot(s) please complete the registration form and mail check **payable to: R. Schick** or pay by Zelle/Cash

Mail to: TTT, 48 Great Oak Drive • Short Hills, NJ 07078

No Early drop offs.

Private Lessons available 3:00-7:00pm by appointment.
Please call or email: Richard – Cell: 973-420-1000
Schicktennis@gmail.com

Registration

Name _____ Age _____
 Address _____
 City _____ Zip _____
 Home Telephone _____
 Cell Telephone _____
 Parent's Names _____
 Email _____
 Medical Problems or Food Allergies _____

Player Level:

Quick Start Beginner Intermediate Advanced
 (Tournament Player)
 Ranking _____ USTA ranking _____ UTR rating _____

Program Sessions

Week 1 – June 24 - June 28 Week 6 – July 29 - August 2
 Week 2 – July 1, 2, 3, 5 PRO-RATED WEEK Week 7 – August 5 - August 9
 Week 3 – July 8 - July 12 Week 8 – August 12 - August 16
 Week 4 – July 15 - July 19 Week 9 – August 19 - August 23
 Week 5 – July 22 - July 25

Payment in full required to reserve spot.

Amount Enclosed: \$ _____

Waiver of Liability: Any athletic or physical activity involves certain risk. Members and their guest including their minor children for whom they speak as parent or guardian assume the risk of any and all accidents nor injuries of any kind, that may be sustained by, or in connection with the use of the facilities and release, hold its property owners the Hilton of Short Hills and TTT from any and all liability or responsibility.

Parent Signature _____ Date _____