

48 Great Oak Drive
Short Hills, NJ 07078

**TOURNAMENT
TOUGH
TENNIS**

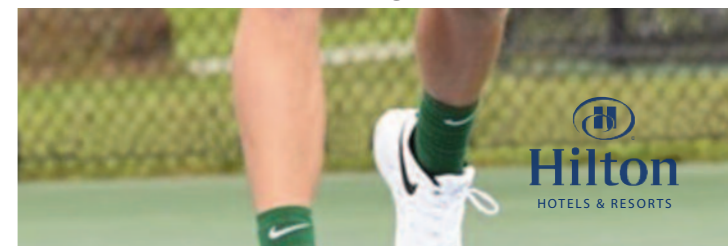
**TOURNAMENT
TOUGH
TENNIS**
at **THE HILTON AT SHORT HILLS**

**2021 SUMMER
Tennis Program**



**SOCIAL DISTANCING
GUIDELINES RULES
IN EFFECT!**

tournamenttoughtennis.com



Hilton
HOTELS & RESORTS

REDUCED CLASS SIZE:

Maximum
4 players per court

All carts,
hoppers and balls
sanitized hourly.



ALL STUDENTS MUST BRING A FOLDABLE CHAIR TO PROGRAM AS WELL AS SANITIZER FOR PERSONAL USE:

Students will be checked daily by non-touch thermometer. If student feels ill please stay home for the safety of others.



SELECTED DRILLS AND POINT PLAY:

To physically separate the players by 6 feet or greater.

Tournament Tough Tennis is proud to present the 2021 Summer Tennis Program at The Hilton of Short Hills.

We are excited at the opportunity to instruct and train students ranging from Quick Start tennis ages 4-10 to our High Performance students ages 8-18. Training to better their games technically, physically and mentally.

The program located at the Hilton of Short Hills, consists of instruction in all areas of the tennis game and is designed to improve stroke production, footwork and conditioning as well as strategic and tactical training.

For the starting players we offer the USTA Quick Start Program designed to introduce children into the game ages ten and under, utilizing shorter court dimensions and equipment designed for success. Children will have fun as well as learning. Games and music also will be implemented.

For accomplished High School, ranked tournament players and college players, program will utilize intense training, stroke specific drilling, strategic classes geared to winning tennis, conditioning and supervised match play in both singles and doubles.

We feel confident about our program and our certified-fully insured staff, to ensure a fun, informative experience. In addition, we will be offering UTR events on our Har-Tru lit courts as well!

See you on the court,

Director's Note: We will be following all Federal, State and Local guidelines with regards to COVID-19 practicing.

RICHARD & PEGGY SCHICK
Director, TTT
USPTR, USTA, UTR Director
USPTA, CPR Certified, Play Safe Certified



41 J.F.K. Parkway • Short Hills, NJ 07078
(973) 420-1000

Welcoming Boys and Girls 4-18

Quick Start Program (ages 4-10) ■ 9:00am – 11:30am
Beginner, Intermediate Level, Red/Orange/Green ball
Weekly M-F: \$300 ■ Daily \$70

High Performance (ages 8-18) ■ 1:00pm – 4:00pm
Intermediate, Advance Level, Match play
Weekly M-F: \$400 ■ Daily \$100

Full Day Program - all levels, (ages 8-18) ■ 9:00am – 4:00pm
Weekly M-F: \$600 ■ Daily \$150

MUST BE APPROVED BY RICHARD

Daily Schedule

9:00am	Drop off, morning session, full day session, QSP starts Attendance, stretching
9:15am	Warm up, QS drilling, HP drilling Timely breaks will be given for rest and hydration
11:30 am	QSP ends, parent pickup, Lunch break
1:00pm	Afternoon session begins, Dynamic stretch, Intense drilling, Strategy and Tactics, Supervised play
3:30pm	Conditioning and warm down
4:00pm	Pick up, Private lessons start

NOTE: In case of inclement weather, indoor courts will be available for an extra fee.

To reserve your spot(s) please complete the registration form and mail check **made payable to: R. Schick**

Mail to: TTT, 48 Great Oak Drive Short Hills, NJ 07078

Early drop offs available for a fee.

**Private Lessons available 4:00-7:00pm by appointment.
Please call or email: Richard – Cell: 973-420-1000
richard@tournamenttoughtennis.com**

Registration

Name _____ Age _____

Address _____

City _____ Zip _____

Home Telephone _____

Cell Telephone _____

Parent's Names _____

Email _____

Medical Problems or Food Allergies _____

Player Level:

Quick Start Beginner Intermediate Advanced
(Tournament Player)

Ranking _____ USTA ranking _____ UTR rating _____

Program Sessions

- Week 1 – June 14 - June 18
- Week 2 – June 21 - June 25
- Week 3 – June 28 - July 2
- Week 4 – July 5 - July 9
- Week 5 – July 12 - July 16
- Week 6 – July 19 - July 23
- Week 7 – July 26 - July 30
- Week 8 – August 2 - August 6
- Week 9 – August 16 - August 20
- Week 10 – August 23 - August 27
- Week 11 – August 30 - Sept. 3

A \$150 non-refundable deposit is due with application

Amount Enclosed: \$ _____

Waiver of Liability: Any athletic or physical activity involves certain risk. Members and their guest including their minor children for whom they speak as parent or guardian assume the risk of any and all accidents nor injuries of any kind, that may be sustained by, or in connection with the use of the facilities and release, hold its property owners the Hilton of Short Hills and TTT from any and all liability or responsibility.

Parent Signature _____ Date _____